HOST DEFENSE Mushrooms tasteforlife

USHROOM-TO-HERB

Comparison Chart

AGARIKON

Olive Leaf

Agarikon supports a balanced immune response and was described as the "elixir of long life" by the Greek physician Dioscorides.* If you like the support for a balanced immune response you may get from Olive Leaf, you should give Agarikon a try!*

TURKEY TAIL

Flax Seed

Turkey Tail acts as a prebiotic, feeding the "good bugs" in the digestive system.* If you enjoy Flax Seed for its digestive health and immune support, you'll love the similar supportive attributes offered by Turkey Tail!*

CHAGA

Chamomile

Chaga's antioxidant properties offer support against daily free-radical damage.* If you're familiar with the antioxidant and gastrointestinal supportive properties of Chamomile, Chaga may be a great opportunity to expand your supplement routine.*

LION'S MANE

Ginkgo

Lion's Mane support cognitive functioning by promoting mental clarity, focus, and memory.* Though Ginkgo doesn't share Lion's Mane's signature appearance, it does offer similar memory and nerve supportive qualities.*

REISHI

Hawthorn

Reishi is known for supporting general wellness and vitality.* Its additional qualities include cardiovascular support and modulation against environmental triggers." You'll find similar qualities in the herb Hawthorn, or Hawthorn Berry, known for its antioxidant and cardiovascular support.

CORDYCEPS

Tribulus

Cordyceps is favored by athletes related to energy and muscle function.* Tribulus is more commonly known for its libido support, which happens to be another boost Cordyceps can offer.*

^{*}These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.